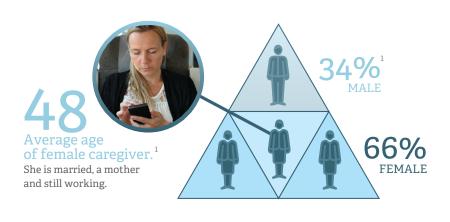
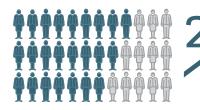


# CAREGIVER PROFILE

## **Profile of a Caregiver**

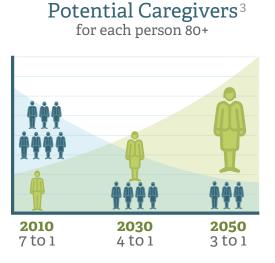




of workers age 45-74 <sup>1</sup> are caregivers. Spending on average 20 hours per week providing care.

- Nearly 10 million adult children over the age of 50 care for their aging parents. (Met Life, 2011)
- 37% of caregivers have children or grandchildren under 18 living with them (National Alliance for Caregiving in collaboration with AARP, November 2009)
- 34% take care of two or more people, (The National Alliance for Caregiving and AARP, 2009)
- More than 1 in 10 (11%) of family caregivers report that caregiving has caused their physical health to deteriorate. (Center on Aging Society, 2005)
- Almost 7 in 10 caregivers report making work accommodations (staying late, leaving early, cutting back on hours, quitting) because of caregiving. (AARP, 2011)
- 20% of employed female caregivers over 50 years old report symptoms of depression compared to 8% of their non-caregiving peers. (National Alliance for Caregiving/MetLife, 2010)

### **Caregiver Market**



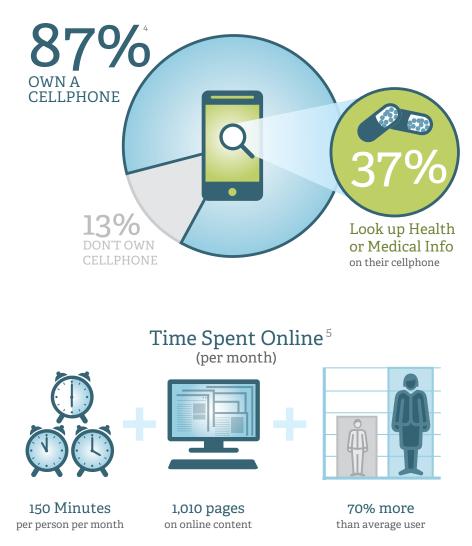
43.5 Million caregivers<sup>2</sup> caring for someone 50+ 50+ Alz

14.9 Million caregivers care for someone with Alzheimer's or dementia

- Caregiver services were valued at \$450 billion per year in 2009 (AARP, 2011)
- The most common expenses for caregivers are household goods and food (42 percent of respondents), transportation (39 percent), medical co-payments and pharmaceuticals (31 percent), clothing (21 percent), and home repair and maintenance (13 percent). (National Alliance for Caregiving & Evercare)
- The highest out-of-pocket costs were incurred by long-distance caregivers, followed by those who live with their ailing relative. (National Alliance for Caregiving & Evercare)



#### **Online Habits**



- 52 percent participated in an online social activity related to health in one year, and 72 percent gather health information online. (Pew Internet Health Tracking Survey, 2012)
- Caregivers are more likely than other adults to:
  - Gather health information online, particularly about medical problems, treatments, and drugs.
  - Go online specifically to try to figure out what condition they or someone else might have.
  - Consult online reviews about drugs and other treatments.
  - Read online about someone
    else's personal health
    experience
  - Go online to find others with similar health concerns (to find more information about handling caregiver stress, for example, or about their loved one's health challenges). (Pew Internet Health Tracking Survey, 2012)
- The most trusted sources of information for caregivers are medical websites (77%), government websites (67%), consumer review websites (66%), caregiving magazines or websites (57%). (UnitedHealthcare, National Alliance for Caregiving, 2011)

### **Immersion Active Insights**

To connect with these busy, often stressed consumers:

- Focus on the illnesses and conditions the care recipients are most likely to suffer
- Connect with their social graph, i.e., the network of friends, family, and professional the caregiver is most likely to turn to for a word of mouth referral

Let Immersion Active help you turn mature audience insights into actionable, profitable, campaigns. Call or contact us today. Immersion Active

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Sources

1- The National Alliance of Caregiving and AARP 2009, 2 - Alzheimer's Association, 2011, 3 - AARP, 2013,
 4 - Pew Internet Health Tracking Survey, 2012, 5 - Age Lessons, ComScore, 2010